



Keeping Children Safe

A child friendly guide to safeguarding

Article 2
All children have these rights.



Article 19
I have the right to be protected from being hurt or badly treated.



Article 16
I have the right to keep some things private.



Article 12
I have the right to be listened to, and taken seriously.



Article 17
I have the right to get information in lots of ways, so long as it's safe.



What is safeguarding?

Safeguarding means that all staff will:

- ★ protect you from harm
- ★ make sure nothing stops you from being happy
- ★ make sure you are safely looked after
- ★ make sure you have the best life chances

Keeping children safe

Halley has a safeguarding policy for staff, families and governors. This child friendly version is designed for you!

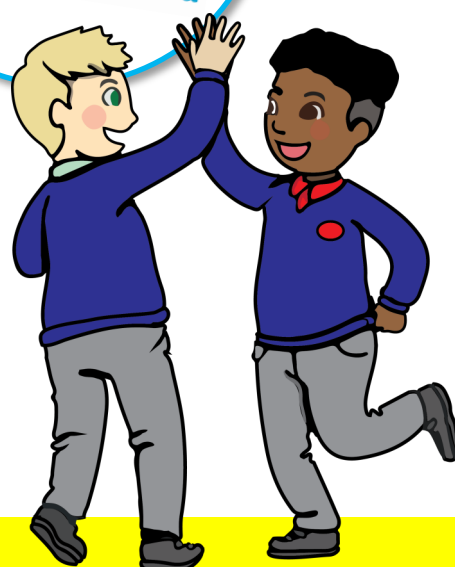


We created this booklet to help you decide what could be a 'problem' and where to get help and support. There may be times when you want to talk to someone in school about a problem that might be upsetting you.

This booklet also highlights that you have a right to be safe and to be kept safe. And your rights are protected by UNICEF through the UN Convention on the Rights of the Child.

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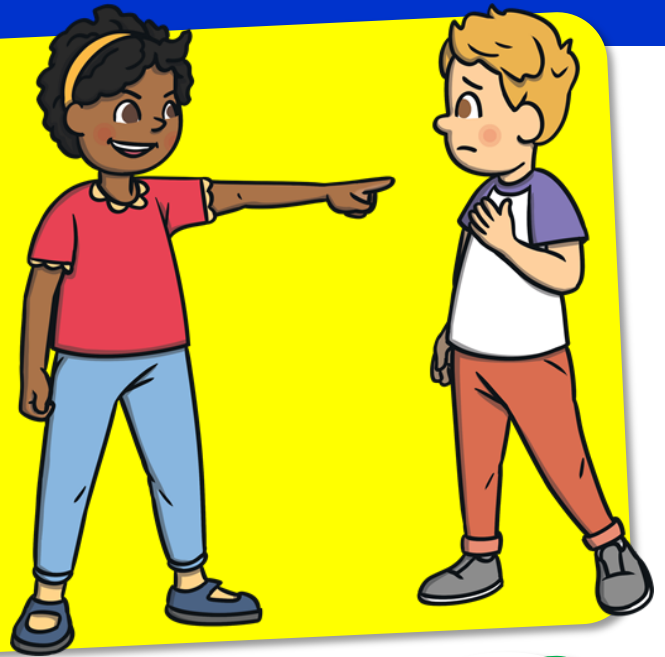
UN Convention on the Rights of the Child



Bullying

Bullying is hurting someone else on purpose. Bullying is something that happens over and over again.

Bullies can hurt people in lots of different ways. You can be hurt on your body or with nasty words.



There are different types of bullying. Physical bullying is pushing, hitting, pinching or kicking someone.

Verbal bullying is calling someone names, saying nasty things or even pretending you are going to hurt someone.

Indirect bullying is:

- ★ leaving people out of games;
- ★ talking about them when they are not looking;
- ★ telling nasty stories about them;
- ★ standing by and watching bullying happen.

REMEMBER ARTICLE 19

You have the right to be protected from being hurt or badly treated.

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Any questions about bullying? Ask...

Bethan Mason
PSHE Lead



Internet safety



Cyberbullying is when people use email, photos, videos or text messages to make someone feel sad. It can be one person or a group of people. It can be scary for the person who is being bullied.

REMEMBER ARTICLE 16

You have the right to keep some things private.

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Remember to THINK! When using the internet either on a computer or mobile phone or tablet, for work, social media or messaging always be careful what you say and what you read or see. And never meet anyone from the internet without an adult with you as this is very dangerous!



Noddy Mooneapillay
Computing Curriculum
Support Teacher

Any questions about internet safety? Ask...

I'm feeling worried...

Is someone bullying you?
Is this happening every day?

Stay safe when using a mobile phone or when using the internet. If someone you don't know tries to speak to you or someone shows you a video or photo that makes you feel uncomfortable then tell someone!

Is there another problem?
Nothing is too small or silly!

Has someone said something to you that upsets you?

Is someone trying to give tablets, cigarettes, drugs or alcohol?

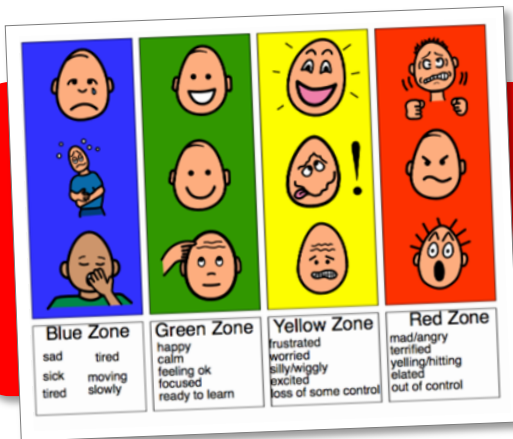
Has someone hit, punched or smacked you or hurt you in anyway?

Has someone touched you on a part of your body like your bottom or chest or anywhere else you do not like?



Is it a big or a small problem?

Remember, there are ways to solve smaller problems at school.

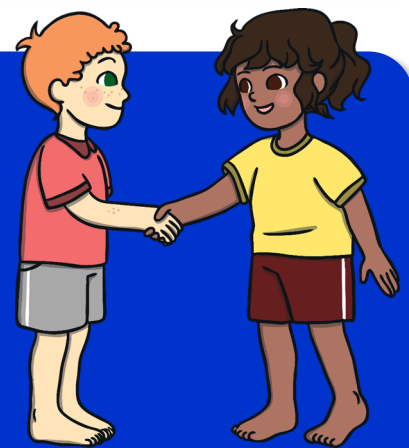


Use the zones of regulation. Which zone are you in? What can you do to get back to the green zone?

Talk to your friends:

- ★ Tell them what happened and how you feel
- ★ Listen to them
- ★ Say what you would like to happen next, then agree a solution.

There are posters in the playgrounds to help you.



Is this a problem you could share at circle time?

If it is a big problem, or you couldn't solve it yourself, you need to tell an adult.



Resolving conflict

THREE STEPS TO RESOLVING CONFLICT

1. Explain to the other person what they did to upset you.
2. Explain to the other person how you feel.
3. Explain to the other person what you would like them to do now.

THINKING IT THROUGH...

- What did I do?
- Why did I do it?
- How can I make things better?



What can I do next?

DO NOT be scared to tell someone.

Tell a parent, carer, family member or other **trusted grown-up**.

Write down what is upsetting you and give it to an adult in school.

Tell a trusted grown-up in school

You must tell someone at school so we can help you. You can tell:

- ★ Teachers
- ★ The Headteacher
- ★ Teaching Assistants
- ★ Mid-day Meal Supervisors
- ★ Premises Manager
- ★ Office team
- ★ Designated Safeguarding Leads

We will always listen!

Do NOT keep it a secret!



**REMEMBER
ARTICLE 12**
You have the right to be listened to, and taken seriously.

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Who can I talk to in school?

We have people in school who are specially trained to help you. They are called **Designated Safeguarding Leads or Child Protection Officers**.

It is important that you know where to get help if you are worried or unhappy about something.

REMEMBER ARTICLE 12
You have the right to be listened to, and taken seriously.

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Shoshannah Thompson
Headteacher



Kathleen Jeffers
Assistant Headteacher



Helen Colliunge
Assistant Hadteacher



Shan Hardy
Inclusion and
SEND Lead



Nilufa Salik
Inclusion and
Welfare Officer



Keith Clarke
Child Protection
Governor

What will happen next?



You have the right to be safe.

If you talk to an adult in school, we will:

- ★ Listen carefully
- ★ Find out what is happening
- ★ Do everything we can to sort it out
- ★ Keep you safe!

What else can I do?

There are lots of other people too, who may help you with an upsetting problem and they do not work at our school but care about you just as much as we do.

REMEMBER ARTICLE 12

You have the right to get information in lots of ways, so long as it's safe.

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Worried about something you've seen online?

CLICK TO REPORT IT!



NSPCC








NSPCC

HELPLINE

0808 800 5000

help@nspcc.org.uk

<h1>S</h1> <p>Stay Safe</p> <p>Don't give out your personal information to people / places you don't know.</p> 	<h1>M</h1> <p>Don't Meet Up</p> <p>Meeting someone you have only been in touch with online can be dangerous. Always check with an adult you trust.</p> 	<h1>A</h1> <p>Accepting Files</p> <p>Accepting emails, files, pictures or texts from people you don't know can cause problems.</p> 	<h1>R</h1> <p>Reliable?</p> <p>Check information before you believe it. Is the person or website telling the truth?</p> 	<h1>T</h1> <p>Tell Someone</p> <p>Tell an adult if someone or something makes you feel worried or uncomfortable.</p> <p>Follow these SMART tips to keep yourself safe online!</p> <p>© Teaching  www.teachingideas.co.uk</p>
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HOW MUCH DO YOU KNOW ABOUT ...

- HOW TO HAVE FUN
- HOW TO STAY IN CONTROL
- HOW TO REPORT



Your rights

REMEMBER ARTICLE 2
All children have these rights.
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UN Convention on the Rights of the Child

Survival



You have a right to life, good food, water, and to grow up healthy

Development



You have a right to an education and time to relax and play

Participation



You have a right to say how you feel, be listened to, and taken seriously

Protection



You have a right to be treated well and not be hurt by anyone

<p>1 Everyone under 18 has these rights</p>	<p>2 All children have these rights</p>	<p>3 Adults must do what's best for me</p>	<p>4 The Government should make sure my rights are respected</p>	<p>5 The Government should respect the rights of my family to help me know about my rights</p>	<p>6 I should be supported to live and grow</p>
<p>7 I have a right to a name and to belong to a country</p>	<p>8 I have a right to an identity</p>	<p>9 I have a right to live with a family who cares for me</p>	<p>10 I have the right to see my family if they live in another country</p>	<p>11 I have the right not to be taken out of the country illegally</p>	<p>12 I have the right to be listened to, and taken seriously</p>
<p>13 I have the right to have my views shared</p>	<p>14 I have the right to have my own thoughts and beliefs, and to choose my religion, with my parents' guidance</p>	<p>15 I have the right to meet with friends and to join groups</p>	<p>16 I have the right to keep some things private</p>	<p>17 I have the right to get information in lots of ways, so long as it's safe</p>	<p>18 I have the right to be brought up by both parents if possible</p>
<p>19 I have the right to be protected from being hurt or badly treated</p>	<p>20 I have the right to special protection and help if I can't live with my own family</p>	<p>21 I have the right to have the best care if I am employed</p>	<p>22 If I am a refugee, I have the same rights as children born in that country</p>	<p>23 If I have a disability, I have the right to special care and education</p>	<p>24 I have the right to good quality health care, clean water and good food</p>
<p>25 If I am not living with my family, people should keep checking I am safe and happy</p>	<p>26 My family should get the money they need to help bring me up</p>	<p>27 I have the right to have a proper house, food and clothing</p>	<p>28 I have the right to an education</p>	<p>29 I have the right to an education which develops my personality, respects for others rights and the environment</p>	<p>30 I have a right to speak my own language and to follow my family's way of life</p>
<p>31 I have a right to rest and play</p>	<p>32 I should not be made to do dangerous work</p>	<p>33 I should be protected from dangerous drugs</p>	<p>34 Nobody should touch me in ways that make me feel uncomfortable, unsafe or sad</p>	<p>35 I should not be abducted, sold or trafficked</p>	<p>36 I have the right to be kept safe from things that could harm my development</p>
<p>37 I have the right not to be punished in a cruel or harmful way</p>	<p>38 I am not allowed to join the army until I am 15</p>	<p>39 I have the right to help if I have been hurt, neglected or badly treated</p>	<p>40 I have the right to legal help and to be treated fairly if I have been accused of breaking the law</p>	<p>41 Where our country treats us better than the UN does we should keep up the good work!</p>	<p>42 Everyone should know about the UNICEF</p>

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Halley Primary School
Including all learners, achieving their best

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Graphics courtesy of twinkl